

*Song  
of  
One*

**Voice**

*Use your breath more fully, sing more freely. Build a strong, dependable voice uniquely yours.*

**Harmony**

*Make music with others joyfully, with greater confidence, clarity & sensitivity*

**Sound Science**

*Self experience the power of sound and practice using it wisely.*

**Heart-Mind-Body Integration**

*Sing and be in your life with greater intention and focus.*

Vocal Medicine Workshop

*w/*

*Dana Gae*



[www.danahanchardmusic.com](http://www.danahanchardmusic.com)



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# Northstar Family Choir

# Saturdays from 12p

@

Shorakapok Rock in NYC.  
Inwood Hill Forest Park

bridging the people of the green spaces & life giving  
places for the greater oasis.

[www.manhattapeaceproject.com](http://www.manhattapeaceproject.com)

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